



15 May 2023

National Walk to School Day

Active Kids are Healthy Kids!

Dear Parents and Carers,

On Friday, 19th of May 2023, Peakhurst West Public School will join children across Australia in making those important steps towards a healthier future by participating in National Walk Safely to School Day.

This annual event aims to raise awareness of the importance of health, road safety, transport and environmental benefits that regular walking can provide for the long term well-being of children.

Parents, carers and students are encouraged to walk to school and reinforce safe pedestrian behaviour so that children develop the vital road-crossing skills they will need as they grow older.

Families that drive to school are also encouraged to park their cars at least 10 minutes away and walk to school.

We hope that this event will help promote the significant physical, mental and social health benefits which can be achieved through regular walking!

Kind Regards,

Miss Clarissa Hamdi
SRC Coordinator

Mrs Rebecca Ingram
Principal