



## Cross Country Carnival 2023

Dear Parents/Carers,

You are advised of an event as outlined below.

<b>Event:</b>	School Cross Country
<b>Where:</b>	Peakhurst West Public School
<b>Stage/Class:</b>	Year 2 to 6
<b>Schedule:</b>	The school cross country is an opportunity for students of all fitness levels to get out and enjoy participating in physical activity. All students will participate in this event. They will have the option to walk, jog or run a pre-set course in set age groups.

**When: Week 2, Tuesday, 2/5/2023**

**Dress:** Everyone needs to wear their running shoes and sports uniform on the day.

**Food and Drinks:** Students will eat their recess and lunch at the normal times. **Please ensure your child has a water bottle.**

**Presentation:** Students that place in the first 4 positions within each age group (8 years to 13 years) will be in our school Cross Country team. These students will proceed to the district cross country race.

**Year 2 students:** 7 year old students will participate in a fun run to prepare for next year!

Samantha Robinson & Nathan Sloan  
Sport Coordinators

Rebecca Ingram  
Principal