



Newsletter

From the Principal

This newsletter wraps up another successful fortnight at Peakhurst West, with many great student achievements across so many domains from the performing arts, to debating, to sport. I won't mention students individually as they are featured in this newsletter but just want to thank our debaters, our district cross country team and our Create South performers for their wonderful representation on our school in the public arena.

POSITIVE BEHAVIOUR FOR LEARNING

As part of our school planning and improvement cycle, we continually review and evaluate our key strategic directions. One of these directions is around Student Wellbeing and Behaviour which has led us to the implementation of 'Positive Behaviour for Learning' (also known as PBL). PBL is an evidence-based whole school approach that is heavily supported by the Department of Education which provides a framework for the school and its community to collectively support the wellbeing of every student. When implemented well, students respond positively as they have been taught what is expected of them; staff deliver consistent responses to student learning and behaviour; students feel safe and cared for at school and unproductive and challenging behaviour can be significantly reduced for most students. Last week, Mrs Aekins, Mrs Lymberis, Mrs Stubis and Mrs Kostoglou attended official PBL training. This is the start of a very exciting journey for our school.

ILLNESS

Yesterday marked the start of winter and we can definitely feel the chill in the air! If your child is sick, please keep them at home until they are feeling better to stop the spread of germs. We have had a number of teachers sick over the past few weeks too. Thank you for your patience and understanding when this happens.

KINDERGARTEN 2018

We can't believe that it is already time to start thinking about enrolling in Kindergarten for 2018! If you have a child who will be starting Kindergarten next year please visit the office at school to commence arrangements for their enrolment. Similarly if you know of anybody who has a child who they wish to enrol in Kindergarten next year, please let them know. We have a School Tours next Thursday for any prospective Kindergarten families. We hope you like our gorgeous Kindergarten posters!

A person can succeed at almost anything for which they have unlimited enthusiasm – *Charles Schwab*
Have a great fortnight!

Tanya Sarafoski



Term 2 Week 6

Friday, 2 June, 2017



Week 7

Mon 5 June	Stg 2 Excursion P&C 7pm
Tues 6 June	Yr3-6 Field Events
Wed 7 June	Parent Workshop PRC, Library
Thur 8 June	School Tours Sport in Schools
Fri 9 June	Rd 2 PSSA

Week 8

Mon 12 June	Public Holiday
Wed 14 June	Parent Workshop PRC, Library
Thur 15 June	Writers Festival Sport in Schools
Fri 16 June	Rd 3 PSSA

Week 9

Thur 22 June	Spelling Bee Sport in Schools
Fri 23 June	Rd 4 PSSA

Week 10

Thur 29 June	Reports Distributed Cake Stall, Mufti Sport in Schools
Fri 30 June	Rd 5 PSSA LAST DAY TERM 2

Peer Support

WEEK 4

This week in Peer Support students revised what they had learnt about resilience and discussed the people in their lives who show them support. Through a story the students identified where the character had used her personal qualities, strengths and skills to help her overcome challenges. They identified times when she needed support to continue. The students discussed a range of challenges and determined the best person to approach for support. The students consolidated the protective factors for resilience by revising their own strengths and skills and identifying 5 people they can go to for support.

Remind your child of their qualities and skills and encourage them to ask for help in challenging situations.

WEEK 5

We introduced a 3 step model this week to encourage resilient responses; Pause, Plan, Proceed. The students took part in an activity to identify their feelings and the immediate effects on their bodies i.e. butterflies in their stomachs. The normalcy of feelings was acknowledged and the importance of being proactive was stressed. The students learned that pausing when they are emotional is helpful. They can do this by being still, taking a deep breath or counting to ten. Pausing gives children space to see a situation more accurately before planning a response.

Ask your child to describe the 3 steps of the model and what is involved in each one.



Pennant Winners

Congratulations to Jack M & Kevin L for earning a pennant this fortnight!

Speech Pathology & Occupational Therapy at PWPS

Did you know that we have onsite Speech Pathology and Occupational Therapy services at Peakhurst West? This is a great option for parents who are busy and think they can't possibly make another appointment, but want to help meet their child's developmental needs. These specialists also liaise very closely with our teachers to make sure any sessions are in line with what your child is doing in the classroom, making it a more enriched experience.

Please see your child's teacher for more information on either service.



Sport Cavalcade

Season Two of PSSA sport commenced Wk6



SPORTS Wk 6 (T2)	Seniors	Juniors
Boys Soccer	V Oatley WON 2-0	V Oatley WON 2-1
Girls Soccer	V H'ville Sth WON 1-0	V H'ville Sth WON 3-0
Girls Netball	V Oatley West LOST 2-12	V Oatley West LOST 3-15
Mixed Newcombe ball	V Kingsgrove LOST 0-3	V Kingsgrove LOST 0-3
Lawnbowls	Basic forehand and backhand	

Athletics Carnival

Our Athletics Carnival is on Tuesday, 18 July. This is actually the first day of term 3 for students which means that all payments and notes for this event must be returned by the last day of term 2. Permission notes will be distributed over the next week or so but the \$14 cost does appear on your invoices. Thank you to all who have made this payment so far.

This is a whole school event and there will be no supervision at school.

From the Library

Got some questions about the Premier's Reading Challenge ?

Come to the 'How to' Workshops being held in the Library. They will be held next Wednesday (Week 7) and the Wednesday after (Week8) from 3pm until home time. You will only need to attend one workshop

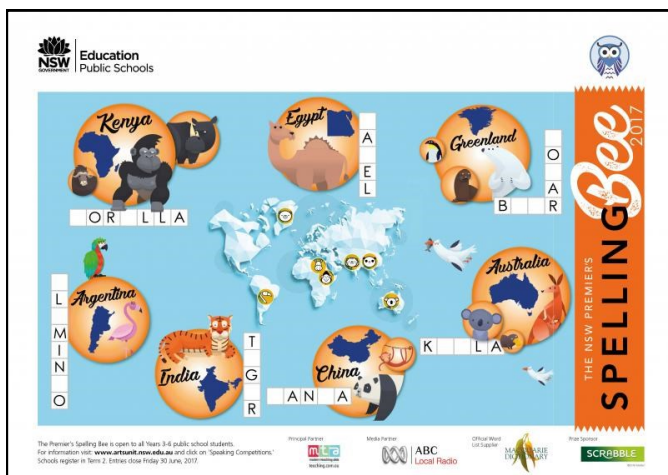
She will be showing how to log in and how to enter books on your home computer. All who come along will be given a laptop to use at the Workshop, if possible.

It is also be a great time to ask any questions about the Challenge that you might have.

Many of our children will be eligible for Gold Awards this year so it is really worthwhile.

See you there! Happy Reading!

Ms Dawson



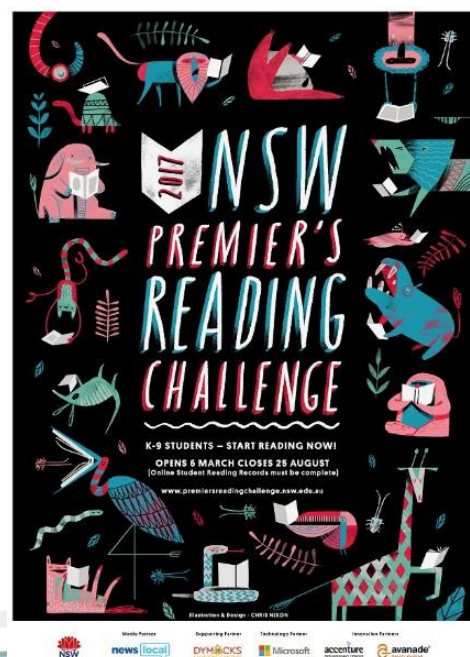
Premier's Spelling Bee

Peakhurst West has entered the Premier's Spelling Bee!

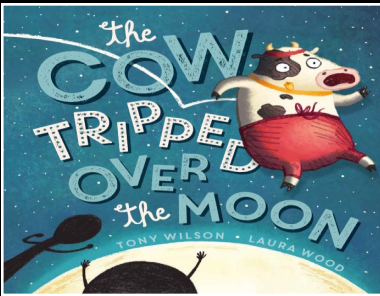
Our school challenge will be on June 22nd to select two students from Stage 2 and Stage 3 to represent our school in the regional finals.

Each class will be doing spelling activities to related to the Spelling Bee to prepare students for their class representative challenge.

You can help at home - go to the Spelling Bee website: <https://www.artsunit.nsw.edu.au/speaking-competitions/spelling-bee/premiers-spelling-bee> where you can access lists and information. Students will be notified of the password for this site.



National Simultaneous Storytime



Our school once again participated in the **National Simultaneous Storytime** initiative. The idea of the project is to promote the value and fun of books, highlight Australian authors and publishers and to encourage storytime activities in schools and libraries. This year the students were invited to wear pyjamas for the day in return for a gold coin donation or donation of a new book in support of **Ward Angels**, a charity that works with **Westmead Children's Hospital** and **Ronald McDonald House** to provide children in hospitals with books to read. A special thanks must go to Mrs Dawson for organising this important and fun event.



Even the teachers wore their pyjamas



The whole school enjoyed the national simulcast in our assembly hall

Achievement @ Peakhurst West

Congratulations to the following students who have been successful in a range of academic , creative and sporting activities.



Alexandra K & Jacinta M

Our Cross Country team performed well at the recent district carnival with six students qualifying for the Area carnival. We came 4th on the day. District placings for our Area squad are below.



(L-R): Eloise C—1st, Tarik K—4th, Shadi S—8th, Will H—5th, Ai K—1st & Eren K—5th

Our school Debating Team had a win for their recent debate against Penshurst West Public school. Their topic was—***That Saturday sport should be compulsory for all primary school students***, and our team had to argue the affirmative case. Congratulations to the team who is coached by Mrs Lymberis.

Alexandra and Jacinta recently participated in a three day Gifted & Talented workshop that culminated in an evening musical performance called, ***It's About Time***. The girls had to audition for the Sydney East program called ***Create South*** that involved hundreds of students. Once selected in the dance section the girls had to attend three whole day workshops. The third day was a dress rehearsal with the performance later that night at the Sutherland Entertainment centre. Other sections included; drama, choir, band and stage management and the whole program came together in a musical performance. It was a fabulous experience for the two girls.



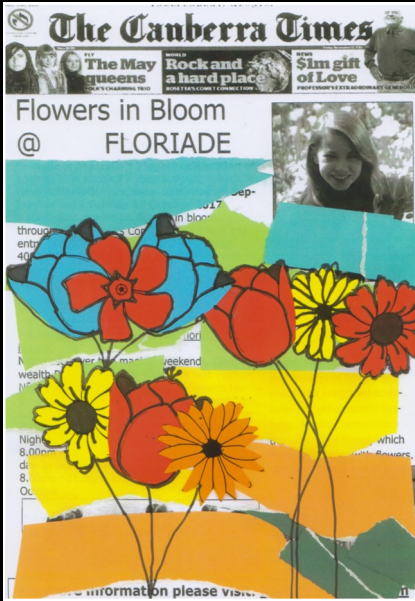
Eren K

Congratulations to Eren who was recently selected in the Sydney East Soccer team. He played in the George's River District team against other area districts and won the carnival. Eren will now compete at the State carnival at Inverell in August.

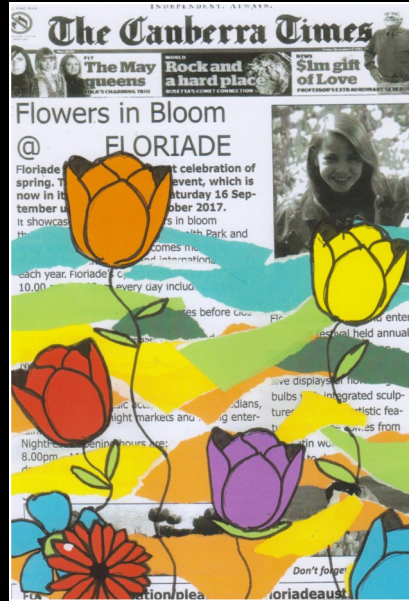


The team (L-R): Mrs Lymberis, Banin K, Mariam J, Eloise C, Jax M and Eric B

Stage Two Gallery



Rebecca



Sonja



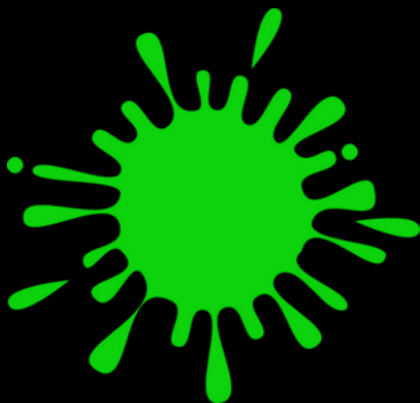
Stage two have created some artworks based on their History and Science topics—the collage features flowers while the painting depicts our ancient indigenous astronomers.



Josh



Shibaduti



Date: 26 May 2017

Hi families

Wow! what a great start to the week we had with a bit of warm weather on Tuesday. If you have not yet handed in your Child Profile and Happy Sheets please do as soon as possible please. We have begun to plan our Vacation Care program and can't wait to share with you all what we have planned for each of the days. Make sure you get in fast and book a spot for all the fun we have planned. On another note we appreciate any feedback or suggestions you have for the centre so feel free to contact us or even pass it on to our amazing staff.

PROGRAM

what a great week we had, we got to do so many fun and creative activities this week. Monday afternoon we got to enjoy lots of outdoor free play time and even done some beautiful artworks. on Tuesday we discussed what we love about the environment, what we dislike about the environment and what we want our environment to look like in the future. All the children gave some great ideas and thoroughly thought about each question. For cooking Club this week the children got to make some yummy rainbow pancakes and they got to add some yummy honey and fruit.

Next week's menu:

Mon	Toasted sandwiches with ham, cheese and tomato
Tues	Antipasto Platter with ham, salami, cheese and crackers
Wed	Tacos with beef, tomato, lettuce, salsa, sour cream and cheese
Thurs	Sandwiches with ham, cheese, tuna, chicken and salads
Fri	Noodles with mixed vegetables



Cooking Club's delicious pancakes

Lego house creation



UPCOMING CENTRE EVENTS

Cooking club - Apple pie cups
1.6.17 National Children's day
Ramadan
National reconciliation week

CHILDREN'S INPUT

What do you love most about OSHC?
Playing games -Zac Playing cars-Hayden
Mobilo - Mitchell Group games - Maya
Going outside - Adam.E

FEEDBACK/STAFF UPDATE.

CONTACT US: PWOSHC@primaryoshcare.com.au
Phone us: 0499 149 500
See us at:  www.primaryoshcare.com.au
Primary OSHCare Facebook Page



Upcoming EVENTS

Term 2, 2017

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1					
2					
3	8 May Stage 3 Interrelate	9 May NAPLAN	10 May NAPLAN	11 May NAPLAN Mother's Day Stall	12 May PSSA 'Friendly' Round – no finals
4	15 May Stage 3 Interrelate	16 May Choir rehearsal	17 May	18 May Sport in Schools	19 May
5	22 May Stage 3 Interrelate	23 May ICAS Digital Competition	24 May National Storytime – PJ Day	25 May Sport in Schools Create South Performance	26 May
6	29 May	30 May Round 2 Debate	31 May	1 June Sport in Schools	2 June PSSA Rd 1
7	5 June Stage 2 Excursion P&C 7pm	6 June	7 June	8 June Sport in Schools	9 June PSSA Rd 2
8	12 June Queen's Birthday Public Holiday	13 June	14 June	15 June Sport in Schools Writer's Festival	16 June PSSA Rd 3
9	19 June	20 June	21 June	22 June Sport in Schools Spelling Bee	23 June PSSA Rd 4
10	26 June	27 June	28 June	29 June Cake Stall Sport in Schools	30 June PSSA Rd 5 Last Day Term 2
Term 3, Week 1	17 July Staff return	18 July Students return K-6 Athletics Carnival	19 July	20 July	21 July PSSA Rd 6

*Some dates and events may change throughout the term